Detox Support

*Cilantro tincture with NanoVi device, Ionic Foot bath, Bemer pemf and Sauna can be used for Lyme, Mold Toxicity and Autism and Heavy Metal Mobilization. Check with your practitioner to devise a personal protocol for your personal needs.*

3 steps to Detoxification

The Principles: Mobilization – Transport - Excretion

1. Line the gut with binders; **chlorella, zeolite**, clay, charcoal, fiber, chitosan, ecolonia cava, microsilica.
2. Saturate system with good liquid multi minerals added to daily water.
3. Add electrolytes to water, increase water intake and kidney profusion
4. Desensitize system to toxins: Low Dose Immunotherapy
5. Support cellular activities to facilitate the detox process and restore the system (**NanoVi** – bio-identical signaling)
6. None of the primary products used for detox are good mobilizers of mercury (**DMPS, DMSA, EDTA**)
7. **Best Mobilizers:** **Cilantro**, **APN- PK work (Trauma Treatment)**, **Physics ( Bemer -Pulsed EMF)**, **Far Infrared Sauna, Ion Foot Bath, Acupressure, EAV, Homeopathy, Energetic Detox Desensitization (provocation/neutralization)**
8. Transport through the cell membrane: **phospholipids, liposomal glutathione**
9. Never forget: **load the system with binders before any of this!!!**

Procedure:

1. Slowly titrate the cilantro tincture to mobilize: 1 drop twice daily until you get to 2 dropperfulls ( = 30 drops), 3 x daily. (30 min. before each meal)
2. Binders: Use **Chlorella** if tolerated. Start with medium dose, 8 tablets (250 mg), Take it 5 minutes after taking cilantro. Away from all food or vitamins. Increase during times of crisis or with a herximer reaction. Maximum dose 40 tablets 3 times a day.
3. If chlorella is not tolerated, use **Zeolite**, start with 1/2 capsule or 1/2 scoop and slowly increase to 2 capsules or a full scoop, away from all food or vitamins
4. **NanoVi Device**, improves repair of cellular damage and restores energy levels, use daily to counteract the burden of detox
5. **IonCleanse Footbath**, 2 x weekly for 30 minutes maximum.
6. **BEMER** increases mobilization, sit or lie on the Bemer to move blood - lymph fluid every day during detox.
7. **Sunlighten Low EMR Far Infrared Sauna**, every other day for 12 min. max with electrolyte mineral water and binders. ( Binders: choice of Chlorella, Apple Pectin, Green Clay, Charcoal, Zeolite, Microsilica, Enterosgel)
8. Continue the binders as there will be unprecedented waves of release
9. Colon Hydrotherapy is the golden way
10. If patient has problems, add lymphatic drainage massage, massage or neural therapy.( procaine injections to affected ganglia, segmental treatment of liver, small intestine and kidney)
11. Follow up i.v.s; Vit C ( 37.5-50 gms), alpha lipoic acid (600 mg), glutathione ( 600 mg), i.v or i.m magnesium, aminoacids
12. Check saliva (6.7) and urine pH (6.2) Consider tri-salts

**Aluminum Detox for Lung and Brain**

1. **Cilantro** with the Ion Cleanse Foot Bath or Bemer removes Aluminum out of the Brain!
   - Also C:200 Aluminum Homeopathic to get rid of aluminum
   - Desperal injections under the skin: work for Alzheimers is only treatment that works.
2. Specialty treatment only for Alzheimers.

2. And do not forget the **binders!!**

**Binders:** First Choice: use both Chlorella and Zeolite

1. **Zeolite** it treats myotoxicities, "MOLD" and is far superior to cholestyramine binding mold mycotoxins. Bowel flora, supports healthy microbiome. It has antibacterial effects. Lowers ammonia levels, removes radioactive and toxic metals, binds to fluoride, aluminum and die off toxins.

2. **Chlorella** is the only thing we find that removes all types of metals

ORDER binders at Biopure.us [discount code KLINGHARDTACADEMY for 10% off and free shipping]

**Air Quality in the home and office**

1. HiTech Air Solutions Mold Systems, use to clear **mold spores** and eliminate mycotoxins from toxic mold in homes.
2. Austin Air Hepa Filter Revoves dust mites & Air Allergens and pure air: used daily

**Resources:** *give ongoing support*

- **NanoVi device:** Rowena Gates [Rowena.Gates@eng3corp.com] 206 525-0227
- **Ionic Foot Bath :** Glenn Wilhelm [gwilhelm@amajordifference.com] 877-315-8638 x103
- **Sunlighten Sauna:** Andrea Duffy [Aduffy@sunlighten.com] 913-890-2803
- **BEMER :** Phyllis Moses Debbieafloyd@gmail.com 908-899-1650
- **HiTech Air Solutions :** Ray Robison [rayr@hitechairsolutions.com] 405-820-3762
- **The Air Cleaner Store:** Austin Air : David Frome [info@theaircleanerstore.com] 973-509-8464
- **BiopureUS:** Michayla Conrad [www.biopureus.com] 10% off and free shipping code: KLINGHARDTACADEMY